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Hello and Thank you for downloading our free 2019 Roman Catholic Traditional Rite Calendar. This Calendar is free gift from Tridentine Catholic for anyone to download, print and enjoy.

This Calendar was assembled as an economical way traditional Latin Mass Catholics could enhance their faith.

The Calendar will print out on 8 ½" x 11" letter size sheets

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Epiphany Day: blessing of the lintel and home
Lintel inscription: 20 + C + M + B + 19+

It is customary in some places for parish priests to bless water on the eve of Epiphany, which is used for the blessing of homes the next day. Chalk for each family is also blessed so that they may mark the names of the Three Magi over their doors, as a witness of the Faith, to beseech salvific benefits, and protection against evil.

The letters have two meanings. They are the initials of the traditional names of the Three Magi: Caspar, Melchior and Balthasar. They also abbreviate the Latin words "Christus mansionem benedicat." "May Christ bless the house." The letters recall the day on which the inscription is made, as well as the purpose of blessing.

The crosses represent the protection of the Precious Blood of Christ, whom we invoke, and the holiness of the Three Magi sanctified by their adoration of the Infant Christ. The inscription is made above the front door, so that all who enter and depart this year may enjoy God's blessing.

Introit: Mal. 3:1; Ps. 71:2
Behold the Lord the Ruler is come; and the Kingdom is in His Hand; and power, and dominion. (Psalm) Give to the king Thy judgment, O God: and to the king's Son Thy justice. Glory be to the Father. Behold the Lord.....

The color of the vestments for the day is indicated by the color of the date (white vestments are black numbers)

January 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 HOLY DAY OF OBLIGATION Octive of the Nativity of Our Lord. (Circumcission)	2 Feast of the Holy Name of Jesus	3	4	5 Commemoration of St. Telesphorus Pope and Martyr
6 THE EPIPHANY OF OUR LORD	7 Feast of the Holy Family	8	9	10	11 Commemoration of St. Hyginus Pope and Marytr	12
13 First Sunday after Epiphany The Baptism of Our Lord Jesus Christ	14 St. Hilary Bishop, St. Felix Confessor, Martyr	15 St. Paul,Hermit Confessor Commemoration of St. Maurus Abbot	16 St. Marcellus I Pope and Martyr	17 St. Anthony Abbot	18 Commemoration of St. Prisca Virgin and Martyr	19 Commemoration of SS. Marius, Marth, Audifax and Abachum St. Canute Martyrs
20 Second Sunday after Epiphany Saints Fabian (Pope) and Sebastian Martyrs	21 St. Agnes Virgin and Martyr	22 Saints Vincent and Anastasius Martyrs	23 St Raymund of Penafort Confessor Commemoration of St. Emerentiana Virgin and Martyr	24 St. Timothy Bishop and Martyr	25 Conversion of St. Paul Apostle Commemoration of St. Peter * Apostle	26 St. Polycarp Bishop and Martyr
27 Third Sunday after Epiphany St. John Chrysostom Bishop, Confessor and Doctor of the Church	28 St. Peter Nolasco Confessor Commemoration of 2nd feast of St. Agnes Virgin and Martyr	29 St. Francis de Sales Bishop, Confessor and Doctor of the Church	30 St. Martina Virgin and Martyr	31 St. John Bosco Confessor		

CANDLEMAS, FEBRUARY 2
Purification of the Blessed Virgin Mary

This feast recalls the event of the Blessed Virgin Mary and St. Joseph observing the Mosaic Law by presenting their Divine Son at the Temple while Our Lady also submitted herself to the purification law after the virginal birth of the Savior. It was at this moment when the holy priest, Simeon, pronounced his "Nunc dimittis" and the holy woman, Anna, rejoiced in seeing the Messiah.

Introit Ps. 47:10-11,2
We have received Thy mercy, O God, in the midst of Thy temple; according to Thy name, O God, so also is Thy praise unto the ends of the earth: Thy right hand is full of justice. (Psalm) Great is the Lord, and exceedingly to be praised, in the city of God, in his holy mountain. Glory be to the Father. We have received.....

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February 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Saint Ignatius Bishop and Martyr	2 The Purification Of The Blessed Virgin Mary
3 Fourth Sunday after Epiphany Commemoration of St. Blaise Bishop and Martyr	4 Saint Andrew Corsini Bishop and Confessor	5 Saint Agatha Virgin and Martyr	6 Saint Titus Bishop and Confessor Commemoration of St. Dorothy Virgin and Martyr	7 St. Romuald Abbot	8 Saint John of Matha Confessor	9 Saintt Cyril of Alexandria Bishop, Commemoration of St. Apollonia Virgin and Martyr
10 Fifth Sunday after Epiphany Saint Scholastica Virgin	11 Apparition of Blessed Virgin Mary Immaculate at Lourdes	12 Seven Founders of the Servite Order Confessors	13	14 Commemoration of St. Valentine Priest and Martyr	15 Commemoration of SS. Faustinus and Jovita Martyrs	16
17 Septuagesima Sunday	18 Commemoration of St. Simeon Bishop and Martyr	19	20	21	22 Chair of St. Peter Apostle Commemoration of St. Paul * Apostle	23 Saint Peter Damian Bishop, Confessor and Doctor of the ChurchSt. Timothy Bishop and Martyr
24 Sexagesima Sunday Saint Matthias Apostle	25	26	27 Saint Gabriel of the Most Sorrowful Virgin Confessor	28		

Why do we fast and abstain?

"Unless you do penance, you shall likewise perish." (Lk. 13:5)

Because we are sinners, justice requires each of us to make recompense to God for the honor we have denied Him by our sins. Because we have misused our goods, our souls and bodies—as well as those of others—the natural law requires us to strive to restore the order we have disturbed by our sins. Thus, the Natural Law and the Divine Law bind us in a general way to perform acts of penance. In order to help us fulfill this requirement, Holy Mother Church, knowing our weakness and laziness, binds us under ecclesiastical laws to perform works of penance at certain times.

Introit Wis. 11:24,25, 27; Ps. 56:2
Thous hast mercy upon all, O Lord and hatest none of the things which Thous hast made. overlooking the sins of men for the sake of repentance, and sparing them; because Thou art the Lord our God. (Psalm) Have mercy on me, O God, have mercy on me: for my soul trusteth in Thee. Glory be to the Father. Thous hast mercy.....

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March 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Quinquagesima Sunday	4 Saint Casimir Confessor Commemoration of St. Lucius I Pope and Martyr	5	6 Ash Wednesday Saints Perpetua and Felicitas Martyrs	7 Saint Thomas Aquinas Confessor and Doctor of the Church	8 Saint John of God Confessor	9 Saint Frances of Rome Widow
10 1st Sunday of Lent The Forty Holy Martyrs	11	12 Seven Founders of the Servite Order Confessors	13 Ember Wednesday	14	15 Ember Friday	16 Ember Saturday
17 2nd Sunday of Lent Saint Patrick Bishop and Confessor	18 Saint Cyril of Jerusalem Bishop, Confessor and Doctor of the Church	19 SAINT JOSEPH, Confessor and Patron of the Universal Church	20	21 Saint Benedict Abbot	22	23
24 3rd Sunday of Lent Holy Gabriel the Archangel	25 The Annunciation of the Blessed Virgin Mary	26	27 Saint John Damascene Confessor and Doctor of the Church	28 Saint John Capistran Confessor	29	30
31 4th Sunday of Lent						

Spy Wednesday

Spy Wednesday is called that because on this day Judas made a bargain with the high priest to betray Jesus for 30 silver pieces (Matt 26:14-16; Mark 14:10-11; Luke 22:1-6). In Poland, the young people throw an effigy of Judas from the top of a church steeple. Then it is dragged through the village amidst hurling sticks and stones. What remains of the effigy is drowned in a nearby stream or pond.

This is also the day that Jesus was anointed with an expensive jar of alabaster by the woman at Bethany, in the house of Simon the leper (Matt 26:6-13; Mark 14:3-9; John 12:1-19).

Introit Phil. 2:10, 8, 11; Ps, 101:2
In the name of Jesus let every knee bow, of those that are in heaven, on earth, and under the earth, for the Lord became obedient unto death, even to the death of the cross. Therefore our Lord Jesus Christ is in the glory of God the Father. (Psalm) O Lord, har my prayer, and let my cry come to Thee. In the name.....

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April 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Saint Francis of Paula Confessor	3	4 Saint Isidore Bishop, Confessor and Doctor of the Church	5 Saint Vincent Ferrer Confessor	6
7 Passion Sunday	8	9	10	11 Saint Leo I Pope, Confessor and Doctor of the Church	12	13 Saint Hermengild Martyr
14 Palm Sunday Saint Justin Martyr Commemoration of SS. Tiburtius, Valerian and Maximus Martyrs	15	16	17 Spy Wednesday Commemoration of St. Anicetus I Pope and Martyr	18 Maundy Thursday	19 Good Friday (black vestments)	20 Holy Saturday Commemoration of St. Anselm Bishop, Confessor and Doctor of the Church
21 Easter Sunday	22 Saints Soter and Caius Popes and Martyrs	23 St. George Martyr	24 Saint Fidelis of Sigmaringen Martyr	25 Greater Litanies and Saint Mark Evangelist	26 Saints Cletus and Marcellinus Popes and Martyrs	27 Saint Peter Canisius Confessor and Doctor of the Church
28 Low Sunday Saint Paul of the Cross Confessor	29 Saint Peter of Verona Martyr	30 Saint Catherine of Siena Virgin				

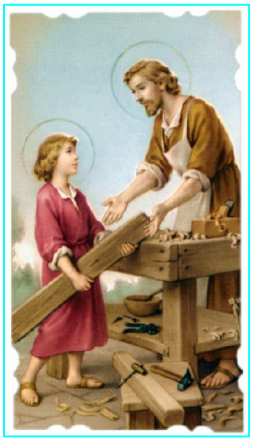
St. Joseph the Worker"

Today is the feast of St. Joseph the Worker. Instituted by Pope Pius XII in 1956, this feast is full of depth to be examined. From the humility and working life of St. Joseph, through the working of our Lord in Joseph's shop, and much more, this day provides ample material for reflection for all Catholics. For our purposes, let's consider how the feast calls man to a certain threefold remembrance:

We must work as a penalty for the Fall

Through His Life, Passion, and Death, Jesus Christ has sanctified work

Because of His sanctifying effect on work, it is a true blessing for the sons of Adam to work in communion with the life and work of Christ



Introit Acts 1:11; Ps 46:2

Wisdom rendered to the just the wages of their labors and conducted them in a wonderful way; and she was to them for a covert by day and for the light of stars by night. Alleluia, alleluia. (Psalm) Unless the Lord build the house, they labor in vain that build it. Flory be to the Father. Wisdom rendered……

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May 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 St. Joseph the Workman, spouse of the Blessed Virgin Mary, Confessor	2 Saint Athanasius Bishop, Confessor and Doctor of the Church	3 Commemoration of SS. Alexander, Eventius and Theodolus (Martyrs), and of St. Juvenal Bishop and Confessor	4 Saint Monica Widow
5 Second Sunday after Easter Saint Pius V Pope and Confessor	6 St. John before the Latin Gate	7 Saint Stanislaus Bishop and Martyr	8 Apparition of St. Michael the Archangel	9 Saint Gregory Nazianzen Bishop, Confessor, and Doctor of the Church	10 Saint Antoninus Bishop and Confessor Commemoration of SS. Gordian and Epimachus Martyrs	11 Saints Philip and James Apostles
12 3rd Sunday after Easter Saints Nereus, Achilleus, Domitilla (Virgin), and Pancras Martyrs	13 Saint Robert Bellarmine Bishop, Confessor and Doctor of the Church	14 Commemoration of St. Boniface Martyr	15 Saint John Baptist de la Salle Confessor	16 Saint Ubald Bishop and Confessor	17 Saint Paschal Baylon Confessor	18 Saint Venantius Martyr
19 4th Sunday after Easter Saint Peter Celestine Pope and Confessor Commemoration of St. Pudentiana Virgin	20 Saint Bernardine of Siena Confessor	21	22	23	24	25 Saint Gregory VII Pope and Confessor Commemoration of St. Urban I Pope and Martyr
26 Fifth Sunday after Easter Saint Philip Neri Confessor Commemoration of St. Eleutherius Pope and Martyr	27 Saint Bede the Venerable Confessor and Doctor of the Church Commemoration of St. John I Pope and Martyr	28 Saint Augustine Bishop and Confessor	29 Saint Mary Magdalen de Pazzi Virgin	30 HOLY DAY OF OBLIGATION Ascension of Our Lord Commemoration of St. Felix I Pope and Martyr	31 The Blessed Virgin Mary Queen of Heaven and Earth Commemoration of St. Petronilla Virgin	

Corpus Christie

For a public profession of our holy faith that Christ is really, truly and substantially present in this Blessed Sacrament; for a public reparation of all the injuries, irreverence, and offences, which have been and are committed by impious men against Christ in this Blessed Sacrament; for the solemn veneration and adoration due to the Son of God in this Sacrament; in thanksgiving for its institution; and for all the graces and advantages received therefrom; and finally, to draw down the divine blessing upon the people and the country.

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Introit: Ps. 80:17,2
He fed them with the fat of corn, alleluia, and filled hem with honey out of the rock, alleluia, alleluia, alleluia. (Psalm)
Rejoice to God our helper; sing aloud to the God of Jacob.
Glory be to the Father. He fed them…….

June 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Saint Angela Merici Virgin
2 Sunday after the Ascension Commemoration of SS. Peter and Marcellinus (Martyrs), and St. Erasmus Bishop and Martyr	3	4 Saint Francis Caracciolo Confessor	5 Saint Boniface Bishop and Martyr	6 Saint Norbert Bishop and Confessor	7	8
9 Pentecost Sunday Commemoration of SS. Primus and Felicianus Martyrs	10 Saint Margaret Queen, Widow	11 Saint Barnabas Apostle	12 Ember Wednesday Saint John of Facundus Confessor Commemoration of SS. Basilides, Cyrinus,Nabor and NazariusMartyrs	13 Saint Anthony of Padua Confessor and Doctor of the Church	14 Ember Friday Saint Basil the Great Bishop, Confessor and Doctor of the Church	15 Ember Saturday Commemoration of SS. Vitus, Modestus and Crescentia Martyrs
16 Trinity Sunday	17 Saint Gregory Barbarigo Bishop and Confessor	18 Saint Ephraem Deacon, Confessor and Doctor of the Church Commemoration of SS. Mark and Marcellian Martyrs	19 Saint Juliana of Falconieri Virgin Commemoration of SS. Gervase and Protase Martyrs	20 Corpus Christie Commemoration of St. Silverius Pope and Martyr	21 Saint Aloysius Gonzaga Confessor	22 Saint Paulinus Bishop and Confessor
23 2nd Sunday after Pentecost Vigil of the Birth of St. John the Baptist 30 3rd Sunday after Pentecost Commemoration of St. Paul Apostle Commemoration of St. Peter Apostle	24 THE BIRTH OF ST. JOHN THE BAPTIST	25 Saint William Abbot	26 Saints John and Paul Martyrs	27	28 Vigil of the Feast of Saints Peter and Paul	29 SAINTS PETER AND PAUL Apostles

St. Anne, Mother of the Virgin Mary

Saint Anne, chosen by God to be the mother of Mary, His own Blessed Mother on earth, was the spouse of Saint Joachim. Ancestor of the Eternal King and High Priest, Joachim was of the royal house of David, while Anne was of Levitical descent. Their lives were wholly occupied with prayer and good works. One thing only was wanting to their union — they were childless, and this was held as a bitter misfortune among the Jews. At length, when Anne was well advanced in age, Mary was born, the fruit rather of grace than of nature, and the child more of God than of man.

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Introit: Ps. 44:2
Let us all rejoice in the Lord, whilst we keep this day holy in honor of blessed Anne, on whose solemnity the Angels rejoice and give praise to the Son of God. (Psalm) My heart hath uttered a good word: I speak my works to the King. Glory be to the Father. Let us all rejoice.....

Denotes full abstinence

Denotes partial abstinence

July 2019

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 THE MOST PRECIOUS BLOOD OF OUR LORD JESUS CHRIST	2 The Visitation of the Blessed Virgin Mary Commemoration of SS. Processus and Martinian Martyrs	3 Saint Irenaeus Bishop and Martyr	4	5 Saint Anthony Mary Zaccaria Confessor	6
7 4th Sunday after Pentecost Saints Cyril and Methodius Bishops and Confessors	8 Saint Elizabeth Queen, Widow	9 Seven Holy Brothers (Martyrs), and Saints Rufina and Secunda Virgins and Martyrs	10	11 Commemoration of St. Pius I Pope and Martyr	12 Saint John Gualbert Abbot Commemoration of SS. Nabor and Felix Martyrs	13
14 5th Sunday after Pentecost Saint Bonaventure Bishop, Confessor and Doctor of the Church	15 Saint Henry Emperor, Confessor	16 Commemoration of Blessed Virgin Mary of Mount Carmel	17 Commemoration of St. Alexius Confessor	18 Saint Camillus de Lellis Confessor Commemoration of St. Symphorosa and Her Seven Sons Martyrs	19 Saint Vincent de Paul Confessor	20 Saint Jerome Emiliani Confessor Commemoration of St. Margaret Virgin and Martyr
21 6th Sunday after Pentecost Saint Lawrence of Brindisi Confessor and Doctor of the Church Commemoration of St. Praxedes Virgin	22 Saint Mary Magdalene Penitent	23 Saint Apollinaris St. Liborius	24 St. Christina Virgin and Martyr	25 Saint James Apostle Commemoration of St. Christopher Martyr	26 Saint Anne Mother of the Blessed Virgin Mary	27 Commemoration of St. Pantaleon Martyr
28 7th Sunday after Pentecost Saints Nazarius and Celsus (Martyrs), Victor I (Pope and Martyr), and Innocent I (Pope and Confessor)	29 Saint Martha Virgin Commemoration of SS. Felix, Simplicius, Faustinus and Beatrice Martyrs	30 SS. Abdon and Sennen Martyrs	31 Saint Ignatius Confessor			

The Assumption of the Blessed Virgin Mary

Mary was cared for by St. John for twelve years after our Lord's Resurrection. Her life was spent in helping the Apostles and in praying for the conversion of the world. On the third day after Mary's death, when the Apostles gathered around her tomb, they found it empty. The sacred body had been carried up to the celestial paradise. Jesus Himself came to conduct her thither; the whole court of heaven came to welcome with songs of triumph the Mother of the Divine Word.

Introit Apoc. 12:1; Ps. 97.1
A Great sign appeared in heaven: A women clothed with the sun, and the moon under her feet, and on her head a crown of twelve stars. (Psalm) Sing ye to the Lord a new canticle: because He hath done wonderful things. Glory be to the Father. A great sign…..

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August 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Commemoration of the Holy Macabees Martyrs	2 Saint Alphonsus Mary de Ligouri Bishop, Confessor and Doctor of the Church Commemoration of St. Stephen I Pope and Martyr	3 Finding of the body of St. Stephen the first Martyr
4 8th Sunday after Pentecost Saint Dominic Confessor	5 Dedication of Church of Our Lady of the Snow	6 The Transfiguration of Our Lord Jesus Christ Commemoration of SS. Sixtus II (Pope), Felicissimus and Agapitus Martyrs	7 Saint Cajetan Confessor Commemoration of St. Donatus Bishop and Martyr	8 Saint John Mary Vianney Confessor Commemoration of SS. Cyriacus, Largus, and Smaragdus Martyrs	9 Vigil of Saint Lawrence Martyr Commemoration of St. Romanus Martyr	10 Saint Lawrence Martyr
11 9th Sunday after Pentecost Commemoration of SS. Tiburtius and Susanna (Virgin) Martyrs	12 Saint Clare Virgin	13 Commemoration of SS. Hippolytus and Cassian Martyrs	14 Vigil of the Assumption Commemoration of St. Eusebius Confessor	15 HOLY DAY OF OBLIGATION THE ASSUMPTION OF THE BLESSED VIRGIN MARY	16 Saint Joachim, Father of the Blessed Virgin Mary Confessor	17 Saint Hyacinth Confessor
18 10th Sunday after Pentecost Commemoration of St Agapitus Martyr	19 Saint John Eudes Confessor	20 Saint Bernard Abbot, Confessor and Doctor of the Church	21 Saint Jane Frances Fremiot de Chantal Widow	22 The Immaculate Heart of the Blessed Virgin Mary Commemoration of St. Timothy and Companions Martyrs	23 Saint Philip Benizi Confessor	24 Saint Bartholomew Apostle
25 11th Sunday after Pentecost Saint Louis King, Confessor	26 Commemoration of St. Zephyrinus Pope and Martyr	27 Saint Joseph Calasanctius Confessor	28 Saint Augustine Bishop, Confessor and Doctor of the Church Commemoration of St. Hermes Martyr	29 Beheading of Saint John the Baptist Commemoration of St. Sabina Martyr	30 Saint Rose of Lima Virgin Commemoration of SS. Felix and Adauctus Martyrs	31 Saint Raymund Nonnatus Confessor

Nativity of the Blessed Virgin Mary.

September 8 marks the Feast of the Nativity of the Blessed Virgin Mary. This day of celebration, which is thought to have first originated in Syria or Palestine, was brought to the Church of Rome sometime in the seventh century. Although it would take several more centuries before all of Western Christendom honored Our Lady's birth liturgically, during the reign of Pope Innocent IV in 1243, the feast was adorned with an octave and celebrated with great solemnity.

Introit: Sedulius; Ps. 44:2 Hail, holy Parent, that didst bring forth the King Who ruleth heaven and earth for ever and ever. (P.T. Alleluia, alleluia.) (Psalm) My heart hath uttered a good word: I speak of my works to the King. Glory be to the Father. Haill, holy parent.....

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September 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12th Sunday after Pentecost Commemoration of St. Giles Abbot Commemoration of Twelve Holy Brothers Martyrs	2 Saint Stephen King, Confessor	3 Saint Pius X Pope and Confessor Note: In Chapels, and Missions served by the SSPX, this Feast is usually celebrated as a First Class Festival.	4	5 Saint Lawrence Justinian Bishop and Confessor	6	7
8 13th Sunday after Pentecost Nativity of the Blessed Virgin Mary Commemoration of St. Adrian Martyr	9 Saint Peter Claver Confessor (in the USA) Commemoration of St. Gorgonius Martyr	10 Saint Nicholas of Tolentino Confessor	11 Commemoration of SS. Protus and Hyacinth Martyrs	12 The Most Holy Name of the Blessed Virgin Mary	13	14 The Exaltation of the Holy Cross
15 14th Sunday after Pentecost The Seven Sorrows of the Blessed Virgin Mary Commemoration of St. Nicomedes Martyr	16 Saint Cornelius (Pope) and Saint Cyprian (Bishop) Martyrs Commemoration of SS. Euphemia, Virgin, Lucy and Geminianus Martyrs	17 Commemoration of the Imprinting of the Sacred Stigmata of St. Francis Confessor	18 Ember Wednesday Saint Joseph of Cupertino Confessor	19 Saint Januarius (Bishop) and Companions Martyrs	20 Ember Friday Commemoration of SS. Eustace and Companions Martyrs	21 Ember Saturday Saint Matthew Apostle and Evangelist
22 15th Sunday after Pentecost Saint Thomas of Villanova Bishop and Confessor Commemoration of SS. Maurice and Companions Martyrs	23 Saint Linus Pope & Martyr Comm of St. Thecla Virgin and Martyr	24 Commemoration of Our Lady of Ransom	25	26 Saint Isaac Jogues, Saint John de Brebeuf and Companions Martyrs (in the US and Canada) Commemoration of SS. Cyprian and Justina (Virgin) Martyrs	27 Saints Cosmas and Damian Martyrs	28 Saint Wenceslaus Duke, Martyr
29 16th Sunday after Pentecost DEDICATION OF HOLY MICHAEL THE ARCHANGEL	30 Saint Jerome Priest, Confessor and Doctor of the Church					

Feast of the Kingship of Our Lord Jesus Christ

The royalty of Christ rests upon a twofold basis. He is our King by right of birth and by right of conquest. The first refers us to the personality of the Son of God, whereby, in His divine nature as God and by virtue of the hypostatic union, He is the sovereign Lord and Master. The second places before us the God-Man coming down on earth to rescue fallen man from the slavery of Satan, and by the labors and sufferings of His life, and passion, and death, to win a glorious victory for us over sin and hell.

Introit Apoc. 5:12; 1:6; Ps. 71:1
The Lamb that was slain is worthy to receive power and divinity and wisdom and strength and honor; to Him be glory and empire for ever and ever. (Psalm) Give to the King, O God, Thy justice, and to the King's Son Thy judgment. Glory be to the Father. The Lamb……..

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October 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Commemoration of St. Remegius Bishop, Confesso	2 Holy Guardian Angels	3 Saint Teresa of the Child Jesus Virgin	4 Saint Francis of Assisi Confessor	5 Commemoration of SS. Placid and Companions Martyrs
6 17th Sunday after Pentecost Saint Bruno Confessor	7 Holy Rosary of the Blessed Virgin Mary Commemoration of St. Mark I Pope, Confessor	8 Saint Bridget Widow Commemoration of SS. Sergius, Bacchus, Marcellus and Apuleius Martyrs	9 Saint John Leonard Confessor Commemoration of SS. Dionysius (Bishop) Rusticus and Eleutherius Martyrs	10 Saint Francis Borgia Confessor	11 The Motherhood of the Blessed Virgin Mary	12
13 18th Sunday after Pentecost Saint Edward King, Confessor	14 Saint Callistus I Pope and Martyr	15 Saint Teresa of Avila Virgin	16 Saint Hedwig Widow	17 Saint Margaret Mary Alacoque Virgin	18 Saint Luke Evangelist	19 Saint Peter of Alcantara Confessor
20 19th Sunday after Pentecost Saint John Cantius Confessor	21 Commemoration of St. Hilarion Abbot Commemoration of SS. Ursula and Companions Virgins, Martyrs	22	23 Saint Anthony Mary Claret Bishop, Confessor	24 Holy Raphael the Archangel	25 Commemoration of SS. Chrysanthus and Daria Martyrs	26 Commemoration of St. Evaristus Pope, Martyr
27 Feast of Christ the King vigil of Sts. Simon and Jude, Apostles	28 Saints Simon and Jude Apostles	29	30	31 Vigil of all Saints		

St. Albert the Great

Albert the Great was a 13th-century German Dominican who decisively influenced the Church's stance toward Aristotelian philosophy brought to Europe by the spread of Islam.

Students of philosophy know him as the master of Thomas Aquinas. Albert's attempt to understand Aristotle's writings established the climate in which Thomas Aquinas developed his synthesis of Greek wisdom and Christian theology. But Albert deserves recognition on his own merits as a curious, honest, and diligent scholar.

Introit Ecclus 15:5; Ps. 91:2
In the midst of the Church he opened his mouth: and the Lord filled him with the spirit of wisdom and understanting: He clothed him with a robe of glory. (P.T. Alleluia, alleluia.) (Psalm) It is good to give praise to the Lord: and to sing to Thy name, O Most High. Glory be to the Father. In the midst…….

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November 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 HOLY DAY OF OBLIGATION FESTIVAL OF ALL THE SAINTS	2 Black Vestments COMMEMORATION OF ALL THE FAITHFUL DEPARTED (All Souls' Day)
3 21st Sunday after Pentecost	4 Saint Charles Borromeo Bishop, Confessor Commemoration of SS. Vitalis and Agricola Martyrs	5	6	7	8 Commemoration of Four Crowned Holy Martyrs Martyr	9 Dedication of the Archbasilica of the Most Holy Savior Commemoration of St. Theodore Martyr
10 22nd Sunday after Pentecost Saint Andrew Avellino Confessor Commemoration of SS. Tryphon, Respicius and Nympha (Virgin) Martyrs	11 Saint Martin of Tours Bishop, Confessor Commemoration of St. Mennas Martyr	12 Saint Martin I Pope, Martyr	13 Saint Didacus Confessor Saint Frances Xavier Cabrini Virgin	14 Saint Josephat Bishop, Martyr	15 Saint Albert the Great Bishop, Confessor, Doctor of the Church	16 Saint Gertrude Virgin
17 23rd Sunday after Pentecost Saint Gregory Thaumaturgus Bishop, Confessor	18 Dedication of the Basilicas of Saints Peter and Paul Apostles	19 Saint Elizabeth of Hungary Widow Commemoration of St. Pontianus Pope Martyr	20 Saint Felix of Valois Confessor	21 Presentation of the Blessed Virgin Mary	22 Saint Cecilia Virgin, Martyr	23 Saint Clement I Pope and Martyr Commemoration of St. Felicitas Martyr
24 24th Sunday after Pentecost Saint John of the Cross Confessor, Doctor of the Church Commemoration of St. Chrysogonus Martyr	25 Saint Catherine of Alexandria Virgin, Martyr	26 Saint Sylvester Abbot Commemoration of St. Peter of Alexandria Bishop, Martyr	27	28	29 Commemoration of St. Saturninus Martyr	30 Saint Andrew Apostle

The Nativity of Our Lord

A Child is born to us, and a son is given to us; upon his shoulder is supreme sovereignty, and He shall be called Angel of great counsel.

Unto us a Child is born, unto us a Son is given - It is the Son of God, God begotten of the Father in the one day of eternity (Ego hodie genui te—This day have I begotten thee), who is now born into the world. As it was at midnight that our Lady brought her first-born Son into the world and laid Him in a cradle, so the first of the three Christmas Masses is celebrated in the stillness of midnight.

Introit Ps. 2:7,1
The Lord hath said to me: Thou art My Son, this day have I begotten Thee. (Psalm) Why have the Gentiles raged and the people devised vain things? Glory be to the Father. The Lord……..

The color of the vestments for the day is indicated by the color of the date (white vestments are black numbers)

December 2019

Denotes full abstinence

Denotes partial abstinence

Roman Catholic Calendar of the traditional rite (according to the 1962 calendar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 First Sunday of Advent	2 Saint Bibiana Virgin, Martyr	3 Saint Francis Xavier Confessor	4 Saint Peter Chrysologus Bishop, Confessor, Doctor of the Church Commemoration of St. Barbara Virgin, Martyr	5 Commemoration of St. Sabbas Abbot	6 Saint Nicholas Bishop and Confessor	7 Saint Ambrose Bishop, Confessor, Doctor of the Church
8 Second Sunday of Advent HOLY DAY OF OBLIGATION THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY	9	10 Commemoration of St. Melchiades Pope, Martyr	11 Saint Damasus I Pope, Confessor	12 Our Lady of Guadalupe (in the USA)	13 Saint Lucy Virgin, Martyr	14
15 Gaudete Sunday	16 Saint Eusebius Bishop, Martyr	17	18 Ember Wed. Saint Lawrence Justinian Bishop and Confessor	19 Ember Fri.	20	21 Ember Sat. Saint Thomas Apostle
22 Forth Sunday of Advent	23	24 VIGIL OF THE NATIVITY	25 THE NATIVITY OF OUR LORD -- In the Second Mass Commemoration of St. Anastasia Martyr	26 Saint Stephen Protomartyr Day within the Octave of Christmas	27 Saint John Apostle, Evangelist Day within the Octave of Christmas	28 The Holy Innocents Martyrs Day within the Octave of Christmas
29 Sunday within the Octive of Christmas Day within the Octave of Christmas Commemoration of St. Thomas of Canterbury Bishop and Martyr	30	31 St. Sylvester I Pope and Confessor				

The Colors of the Vestments

There are five liturgical colors: White, Green, Red, Red, Purple, and Black.

White: is the symbol of purity. It is used on all feasts of Our Lord except those relating to His sufferings; on feasts of Our Lady; on the feasts of saints that are not martyrs.

Red: is the figure of blood and fire. The Church assigns it to the feasts of the martyrs and apostles; to Pentecost Sunday; to feasts connected with the Passion of Our Lord

Green: is the symbol of hope. It is used on the Sundays from Epiphany to Septuagesima and on the Sundays after Pentecost. (The Sacred Congregation of Rites permits the use of gold vestments instead of red, white or green, provided the material to be of pure cloth of gold)

Violet: the penitential color, is used during advent and Lent and on the Vigils of the greater feasts. (Vestments of rose color may be worn in place of violet on two days during the year: the third Sunday of Advednt, Gaudete Sunday; and the fourth Sunday of Lent, Laetare Sunday).

Black: the sign of mourning is used on Good Friday, and in Masses of the Dead.

The Church Law of Abstinence and Fast

1) The Law of Abstinence forbids the use of flesh meat and the juice thereof (soup, etc). Eggs, cheese, butter and seasonings of food are permitted. The Law of Fasting forbids more than one full meal a day but does not forbid a small amount of food in the morning and in the evening.
2) All Catholics seven years old and over are obliged to abstain. All Catholics from the completion of their twenty-first to the beginning of their sixtieth year, unless lawfully excused, are bound to fast.
3) Abstinence is prescribed every Friday, unless a holyday falls thereon. Fasting and abstinence are prescribed in the United States on the Fridays of Lent, Holy Saturday forenoon (on all other days of Lent except Sundays fasting is prescribed and meat is allowed once a day) the Ember days, viz: the Wednesday, Friday and Saturday following the first Sunday of Lent, Pentecost, or Whitsunday, the 14th of September, and the third Sunday of Advent; the vigils of Pentecost, All Saints, Immaculate Conception and Christmas. There is no fast or abstinence if a vigil falls on a Sunday. Whenever meat is permitted, fish may be taken at the same meal. A dispensation is granted to the laboring classes and their families on all days of fast and abstinence except Friday, Ash Wednesday, Wednesday in Holy Week, Holy Saturday afternoon and the vigil of Christmas. When any member of such a family lawfully uses tis privilege all the other members may avail themselves of it also; but those who fast may not eat meat more than once a day.

Eucharistic Fast

On March 25, 1957, Pope Pius XII had the Motu Proprio Sacram Communionem that allowed the fast time to start backwards from the actual time Holy Communion was received. It was shortened for all Catholics to a three hour fast from food and one hour for liquids and no fast from water or medicine.

Pope Pius XII did highly recommend that the faithful still adhere to the fasting rules of 1917. The 1917 Code of Canon Law required that no food or drink be taken after midnight until the time of Communion.

Information on Vestments and Fast and Abstinence was taken from the Father Lasance “New Roman Missal” originally published in 1945.